# BROMLEY IBC NEWSLETTER MAY 2022 ISSUE 66

Hello everyone.

The Summer Season is here and many of you will have already started bowling in your outdoor clubs, including our outdoor section BIBCOS, while some will remain indoors here at the Centre.

The winter season has gone well considering the upset due to Covid during the previous 2 seasons. A warm and sincere 'thank you' to all members who supported our match fixtures, club league sessions and club competitions. The officers appreciated your understanding and co-operation in ensuring that play was possible, enjoyable and rewarding.

Not forgetting those of you who occupied the rinks in organised or individually arranged roll-ups. It was lovely to see so many 'old' and also 'new' faces enjoying the game of bowls.

With one of the best results in various Club Team National and County competitions and also individual entries in these, we ended the season with winning for the first time the Kent County Ladies team competition, the Valanndor. Congratulations to all concerned.

For those who wonder at the name 'Valanndor' - it sounds when spoken - for the 3 ladies who 'founded' this competition - Valerie, Ann and Doreen

# **CLUB NEWS**

BANK HOLIDAY MONDAY

Centre open from 9.00 am to 12.00 noon only

For rollups

Drinks will be available at reception for a small fee and courtesy of the receptionists.

#### 200 CLUB DRAW for the season 2021-2022

#### **April 2022**

1<sup>st</sup> Prize Peter Campbell £100.00

2<sup>nd</sup> Prize Alan Whitehead £50.00

**May 2022** 

1<sup>st</sup> Prize Margaret Copley £100.00

2<sup>nd</sup> Prize Yvonne Newcombe £ 50.00

Thank you to all participating in this small but essential, Club fund raiser.

# **BOWLS NEWS**

### **SUMMER SECTION**

Leagues: Tue: 9.30; Thu: 9.30 and Fri: 12 noon. These are up and running

**Fixtures:** [Reminder again to amend your diary if not already done so]:

# BIBC SUMMER SECTION 2022

MAY 2022			
Wed 11 Royals	6 Triples	2.30 Away	T&B
Wed 18 Ladies v Men	8 Rks/Trp	2.30 Home	T&B
Wed 25 Egerton Park Coach	6 Rinks	1.30 Away	Meal
JUNE 2022			
Wed 1 Sevenoaks	6Triples	2.30 Home	T&B
Sat 25 Sevenoaks	6 Triples	2.00 Away	T&B
Wed 29 Angel	6 Triples	2.00 Away	T&B
JULY 2022			
Wed 6 Mote Park	6 Triples	2.30 Home	T&B
Wed 13 White Oak	8 Triples	2.30 Home	T&B
Sat 23 Royals	8 Triples	2.00 Home	T&B
Wed 27 Mote Park 8 Club Cham	pionship	9.30 Away	T&B
AUGUST 2022			
Wed 3 Mote Park	6 Triples	2.00 Away	T&B
Wed 10 Egerton Park	8 Triples	2.30 Home	Meal
Sat 13 White Oak	8 Triples	2.00 Away	T&B
Wed 17 BIBCOS	8 Triples	2.30 4H/4A	T&B
Wed 31 Angel	6 Triples	2.30 Home	T&B

A **Summer Fixture Card** is available at reception. Please only take one if you intend to play. Thank you.

Match sheets are displayed on the match notice board.

As you will note from the schedule above, the first fixture is on the 11 May but we have to know by Thursday 5<sup>th</sup> May if we have enough players

# Please sign up as soon as you can, or ring or email Daphne

### Competitions

Details are on the Summer Notice Board (opposite the entrance) and entry forms can be found on the box, sitting on the letter pigeon hole rack, into which you put your completed entry form.

#### **OTHER ACTIVITIES**

#### **ART GROUP** held at fortnightly intervals through the summer

Next meeting at 11.00 am to 2.00pm Friday 6th May.

#### FRIDAY MONTHLY QUIZ NIGHTS please note

Dates to be held; 13 MAY; 17 JUNE; 15 JULY; 12 AUGUST; 16 SEPTEMBER; 14 OCTOBER; 11 NOVEMBER & 16 DECEMBER 2022.



#### **ANSWERS TO LAST MONTH'S QUIZ**

How did you do?

The inferior vena cava vein carries deoxygenated blood into which upper chamber of the heart? Right Atrium

The human eye can distinguish how many different colours? a) 100,000 b) 1 million c) 10 million c) 10 million

In which part of the body would you find papillae? The tongue

Which is the most flexible muscle in the human body? The tongue

Which part of the digestive system acts as a switch between the larynx and the oesophagus to stop food passing into the airway to the lungs? Epiglotis

What is the length of the gastrointestinal tract that runs from your mouth to your anus? a) 3 feet b) 15 feet c) 30 feet c) 30 feet

Borborygmus is the medical term for what bodily function or condition? a) production of ear wax b) stomach rumbles c) athletes foot b) stomach rumbles

What is the name of the light sensitive panel of cells at the rear of the eye? Retina

What is the common name for the Scapula? Shoulder blade

Where in the human body would you find the Latissimus Dorsi muscle? The back

What is the body's largest organ? Skin

What is the name of the walnut sized gland found only in men which often becomes a source of cancer? Prostate

What is the name of the organ that produces Insulin?

The Pancreas

Where is the Occipital bone? Skull / Head

If you had Peridontal disease, which part of the body would be affected? The mouth (disease of supporting tissue of teeth)

What part of the eye can be described as the third and inner coat which is a light-sensitive layer of tissue? Retina

What is the shorter of the forearm bones found at the thumb side of the arm called? Radius

In what part of the body are the Metatarsal bones? Foot

Where in the human body would you find the Trapezius muscle? Upper back and neck

The technical name of the windpipe if what? Trachea

Located between the stomach and the diaphragm, this organ filters and stores blood to protect against infection and blood loss. What is it called? The Spleen

What is the largest Artery in the human body? Aorta

What is the longest and strongest bone in the human body? Femur

Found at the back of the leg what is a more common name for the calcaneal tendon? Achilles

What is the main muscle of respiration and which plays a major role in the breathing process? Diaphragm

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#### THIS MONTH'S QUIZ

#### **FOOD ANAGRAMS**

- 1. Combines to reap
- 2. Candy fan font
- 3. Gent beat backer
- 4. Fan Cloaked Ego
- 5. Is a dove flocked
- 6. A rocket arc
- 7. Pea info beef
- 8. Let a four backstage
- 9. Elm lie flu lie
- 10. Open at ten

#### **DRINK ANAGRAMS**

- 1. Ale Quit (Mexico)
- 2. Hew I Sky (Ireland)
- 3. Cuba Sam (Italy)
- 4. Bash Nite (Switzerland)
- 5. Rag Pap (Italy)
- 6. Trove Hum (Italy)
- 7. Monocle III (Italy)
- 8. Rate Moat (Italy)
- 9. No handy car (a wine variety)
- 10. El Mad One (British?)



# YOU MAYBE TOO YOUNG FOR THIS BUT I THINK YOU WILL REMEMBER SOME OF THESE THINGS

Special Group / Born Between 1930 - 1946.

Today, they range in ages from 76 to 92

You are the smallest group of children, born since the early 1900s

You are the last generation, climbing out of the depression, who can remember the winds of war and the impact of a world at war which rattled the structure of our daily lives for years.

You are the last to remember ration books for everything from gas to sugar to shoes to stoves.

You saved tin foil and poured fat into tin cans.

You saw cars up on blocks because tires weren't available.

You can remember milk being delivered to your house early in the morning and placed in the "milk box" on the porch.

You are the last to see the gold stars in the front windows of grieving neighbours whose sons died in the War.

You saw the 'boys' home from the war, build their little houses.

You are the last generation who spent childhood without television; instead, you imagined what you heard on the radio.

With no TV until the '50s, you spent your childhood "playing outside".

There was no little league. There was no city playground for kids.

The lack of television in your early years meant, that you had little real understanding of what the world was like.

On Saturday afternoons, the movies gave you newsreels sandwiched in between westerns and cartoons.

Telephones were one to a house, often shared (party lines) and hung on the wall in the kitchen (no cares about privacy).

Computers were called calculators; they were hand cranked.

Typewriters were driven by pounding fingers, throwing the carriage and changing the ribbon.

INTERNET' and 'GOOGLE' were words that did not exist.

Newspapers and magazines were written for adults and the news was broadcast on your radio in the evening.

As you grew up, the country was exploding with growth.

The government gave returning Veterans the means to get an education and spurred colleges to grow.

Loans fanned a housing boom.

Pent up demand coupled with new instalment payment plans opened many factories for work.

New highways would bring jobs and mobility.

The Veterans joined civic clubs and became active in politics.

The radio network expanded from 3 stations to thousands.

Your parents were suddenly free from the confines of the depression and the war, and they threw themselves into exploring opportunities they had never imagined.

You weren't neglected, but you weren't today's all-consuming family focus

They were glad you played by yourselves until the street lights came on.

They were busy discovering the post-war world.

You entered a world of overflowing plenty and opportunity; a world where you were welcomed, enjoyed yourselves and felt secure in your future though depression poverty was deeply remembered.

Polio was still a crippler.

You came of age in the 50s and 60s.

You are the last generation to experience an interlude when there were no threats to our homeland.

The second world war was over and the cold war, terrorism, global warming, and perpetual economic insecurity had yet to haunt life with unease.

Only your generation can remember both a time of great war, and a time when our world was secure and full of bright promise and plenty.

You grew up at the best possible time, a time when the world was getting better.

You are "The Last Ones." More than 99 % of you are either retired or deceased, and you feel privileged to have "lived in the best of times!"

#### Well that was one person's view

Keep in touch on emails and email alerts, which can be obtained via the website at www.bromleyibc.org.uk

I would personally appreciate your help:-Please send me any bowling news, stories, quizzes, jokes, items for sale etc email: daphny.richards@gmail.com

#### REMEMBER TO KEEP YOURSELF SAFE

As we are still hearing of members going down with Covid, it does seem sensible to take reasonable care when you visit the centre over the summer.

### We therefore kindly ask you to still:

- not to turn up if you have any symptoms or feel unwell
- to continue to take your temperature on entering the Centre and <u>before</u> entering the cloakrooms or any other facility
- use the gels provided
- think carefully still about personal contact 'Fist bumps' are less risky than handshakes - your choice and
- retain social distances as far as possible throughout your stay.





Me: Please bring me a screwdriver. Wife: Flat head, Phillips, or Vodka? And that was when I knew she was the one.



